KnowledgeShare

NHS information support for evidence-based practice

Alert 98

Resources published in July/August 2019

Content
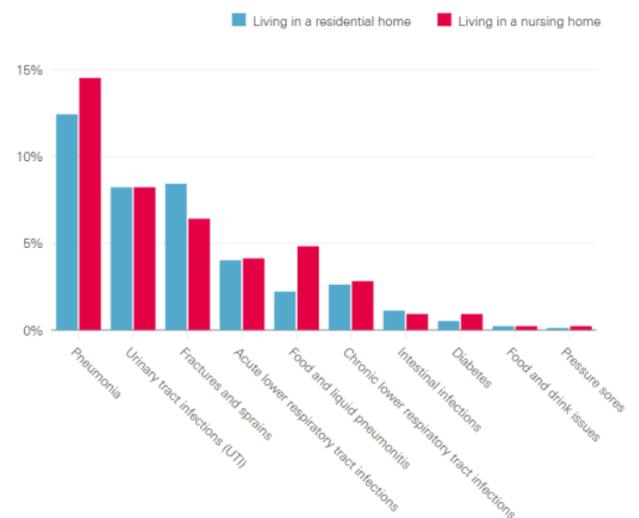
Helping frail or elderly patients avoid emergency care

Reducing emergency admissions from care homes has the potential to reduce pressure on hospitals. In **Emergency admissions to hospital from care homes: how often and what for?** The Health Foundation found for people aged 65 years or older, the overall number of emergency admissions from care homes in 2016/17 comprised 7.9% of the total number of emergency admission and the overall number of A&E attendances from care homes comprised 6.5% of attendances. An analysis of the impact of enhanced support initiatives associated with the NHS's New Care Models programme in care homes found there is greater potential to reduce emergency admissions and A&E attendance in residential care homes compared with nursing homes. Also, co-production between health care professionals and care homes is key to developing effective interventions. Access to additional clinical input by named GPs and primary care services and/or multidisciplinary teams may be a key element in reducing emergency hospital use.

Figure 1: Potentially avoidable emergency admissions for residential and nursing home residents aged 65 years or older in England, by reason for admission (% of all emergency admissions)

In **Reducing length of stay: Case studies (NHS England)** one project at South Warwickshire NHS Foundation Trust focused on frailty. They put in place a process where patients suitable for same day emergency care and short (1-5 days) stays were identified immediately following ambulance drop off. Instead of being assessed in the Emergency Department (ED), they were transferred to the specialist Frailty Assessment Unit (FAU). This freed up ED cubicles and released the nurses to concentrate on other emergencies.

NICE – Guideline

Long-acting reversible contraception   www.nice.org.uk/guidance/cg30

Generalised anxiety disorder and panic disorder in adults: management
www.nice.org.uk/guidance/cg113

Caesarean section   www.nice.org.uk/guidance/cg132

Neuropathic pain in adults: pharmacological management in non-specialist settings
www.nice.org.uk/guidance/cg173

Multiple sclerosis in adults: management   www.nice.org.uk/guidance/cg186

Type 2 diabetes in adults: management   www.nice.org.uk/guidance/ng28

Motor neurone disease: assessment and management   www.nice.org.uk/guidance/ng42

End of life care for infants, children and young people with life-limiting conditions: planning and management   www.nice.org.uk/guidance/ng61

Venous thromboembolism in over 16s: reducing the risk of hospital-acquired deep vein thrombosis or pulmonary embolism   www.nice.org.uk/guidance/ng89

Chronic obstructive pulmonary disease in over 16s: diagnosis and management
www.nice.org.uk/guidance/ng115

Suspected neurological conditions: recognition and referral   www.nice.org.uk/guidance/ng127

Alcohol interventions in secondary and further education   www.nice.org.uk/guidance/ng135

Hypertension in adults: diagnosis and management   www.nice.org.uk/guidance/ng136

NICE – Quality Standards

Service user experience in adult mental health services   www.nice.org.uk/guidance/qs14

Patient experience in adult NHS services   www.nice.org.uk/guidance/qs15

Hypertension in pregnancy   www.nice.org.uk/guidance/qs35

Lyme disease   www.nice.org.uk/guidance/qs186

Hearing loss in adults   www.nice.org.uk/guidance/qs185

Learning disability: care and support of people growing older   www.nice.org.uk/guidance/qs187

Learning disability: behaviour that challenges   www.nice.org.uk/guidance/qs101

Preterm labour and birth   www.nice.org.uk/guidance/qs135

Coexisting severe mental illness and substance misuse   www.nice.org.uk/guidance/qs188

NICE - Technology Appraisals

Nusinersen for treating spinal muscular atrophy   www.nice.org.uk/guidance/ta588

Blinatumomab for treating acute lymphoblastic leukaemia in remission with minimal residual disease activity   www.nice.org.uk/guidance/ta589

Fluocinolone acetonide intravitreal implant for treating recurrent non-infectious uveitis
www.nice.org.uk/guidance/ta590

Letermovir for preventing cytomegalovirus disease after a stem cell transplant
www.nice.org.uk/guidance/ta591

Cemiplimab for treating metastatic or locally advanced cutaneous squamous cell carcinoma
www.nice.org.uk/guidance/ta592

Ribociclib with fulvestrant for treating hormone receptor-positive, HER2-negative, advanced breast cancer   www.nice.org.uk/guidance/ta593

All NICE guidance is available from the NICE web site: [www.nice.org.uk.](www.nice.org.uk)

Support and resources to maximise uptake and use of evidence and guidance:

https://www.nice.org.uk/about/what-we-do/into-practice

Brentuximab vedotin for untreated advanced Hodgkin lymphoma (terminated appraisal)
                                                              www.nice.org.uk/guidance/ta594

Dacomitinib for untreated EGFR mutation-positive non-small-cell lung cancer
                                                              www.nice.org.uk/guidance/ta595

Risankizumab for treating moderate to severe plaque psoriasis   **www.nice.org.uk/guidance/ta596**

Dapagliflozin with insulin for treating type 1 diabetes   **www.nice.org.uk/guidance/ta597**

Olaparib for maintenance treatment of BRCA mutation-positive advanced ovarian, fallopian tube or peritoneal cancer after response to first-line platinum-based chemotherapy
                                                              www.nice.org.uk/guidance/ta598

NICE – Medical technologies

PICO negative pressure wound dressings for closed surgical incisions
                                                              www.nice.org.uk/guidance/mtg43

NICE – Diagnostics

Therapeutic monitoring of TNF-alpha inhibitors in rheumatoid arthritis
                                                              www.nice.org.uk/guidance/dg36

NICE – Highly Specialised Technologies

Patisiran for treating hereditary transthyretin amyloidosis   **www.nice.org.uk/guidance/hst10**

NICE – Interventional Procedures

Transurethral laser ablation for recurrent non-muscle-invasive bladder cancer
                                                              www.nice.org.uk/guidance/ipg656

Ultrasound-guided high-intensity transcutaneous focused ultrasound for symptomatic uterine fibroids
                                                              www.nice.org.uk/guidance/ipg657

Endovascular insertion of an intrasaccular wire-mesh blood-flow disruption device for intracranial aneurysms   **www.nice.org.uk/guidance/ipg658**

Low-energy contact X-ray brachytherapy (the Papillon technique) for locally advanced rectal cancer
                                                              www.nice.org.uk/guidance/ipg659

Managing and Leading People

Reports

How doctors in leadership roles establish and maintain a positive patient-centred culture.
General Medical Council (GMC); 2019.
https://www.gmc-uk.org/about/what-we-do-and-why/data-and-research/research-and-insight-archive/how-doctors-in-senior-leadership-roles-establish-and-maintain-a-positive-patient-centred-culture
[This report finds that positively-engaged leaders from diverse backgrounds are key to transforming organisational cultures. However, they are often unprepared and unsupported for the challenges of leadership during the early stages of their management careers.]

Maximising NHS Staff Survey data at a local level.
NHS Employers; 2019.
www.nhsemployers.org/case-studies-and-resources/2019/07/maximising-nhs-staff-survey-data-at-a-local-level
[This briefing offers some top tips for maximising use of data from the NHS Staff Survey.]

The Sir Peter Carr Partnership Award: inspiring the next generation of NHS leaders 2019/20.
NHS Improvement; 2019.
https://improvement.nhs.uk/resources/sir-peter-carr-award-201920/
[The Sir Peter Carr Partnership Award is designed to help and inspire NHS leaders who have an improvement initiative under way which contributes to the delivery of the NHS Long Term Plan. Applications open on Friday 19 July 2019, please complete the application form by midnight on Monday 30 September 2019.]

Full instruction to register for an NHS OpenAthens username and password at:
www.bsuh.nhs.uk/library/accessing-information/registering-for-nhs-openathens/

Valuing admin staff.
NHS Employers; 2019.
https://www.nhsemployers.org/case-studies-and-resources/2019/07/valuing-admin-staff
[Case study. Learn about the approach Leeds Community Healthcare NHS Trust has taken to celebrate, recognise and engage its large group of admin staff, through an event held in 2017.]

Using Guidelines and Evidence

Articles

Clinicians' cognitive biases: a potential barrier to implementation of evidence-based clinical practice.
Dobler CC. *BMJ Evidence-Based Medicine* 2019;24(4):137-140.

Distinguishing opinion from evidence in guidelines.
Schünemann HJ. *BMJ* 2019;366:l4606.

Incorporating the patient experience into clinical guidelines: recommendations for researchers and guideline developers.
Roddis JK. *BMJ Evidence-Based Medicine* 2019;24(4):125-126.

Events

How to read a randomised controlled trial
Attend this workshop if you need to judge the quality of published health care research in order to make decisions about patient care or service development. Book via the library
website:https://www.bsuh.nhs.uk/library/information-skills/how-to-read-a-randomised-controlled-trial/

The Library, Audrey Emerton Building	Tuesday 17 September 2019	9.30am - 12.00pm
	Wednesday 25 September 2019	1.00pm - 3.30pm

Education and Professional Practice

Events

Learning Technologies
These session are part of a series of workshops offered to Brighton & Sussex University Hospitals staff, looking at technology for use in educational delivery. Book via the library website:
https://www.bsuh.nhs.uk/library/information-skills/

Video teaching: how to teach, assess and give feedback through video	PRH, Tuesday 22 October 2019	9:30am - 11:00am
	RSCH, Tuesday 26 November 2019	1.30pm - 4.00pm
Active learning: High impact teaching using learning technology	RSCH, Wednesday 30 October 2019	10:00am - 11:30am
	PRH, Monday 4 December 2019	10:30am - 12:00pm

Reports

Enhancing Supervision for Postgraduate Doctors in Training.
Health Education England (HEE); 2019.
https://www.hee.nhs.uk/enhancing-supervision
[This report sets out what high-quality supervision looks like for doctors in training and provides a practical toolkit to assist trainees and supervisors..]

NHS Bursary Scheme rules 2019
Department of Health and Social Care; 2019.
https://www.gov.uk/government/publications/nhs-bursary-scheme-rules-2019
[Information for students and higher education institutions about the NHS Bursary Scheme rules that apply for the academic year 2019 to 2020.]

Professionalism and Cultural Transformation (PACT) toolkit.
NHS Employers;2019.
www.nhsemployers.org/case-studies-and-resources/2019/08/professionalism-and-cultural-transformation-pact-toolkit
[The toolkit is based on tried and tested work undertaken by Hull University Teaching Hospitals NHS Trust and is designed to help staff embed the PACT programme in their organisation. It contains practical information, advice and solutions to equip staff to deal with unprofessional attitudes and behaviours in the workplace.]

Learning Support Fund: 3rd edition
Department of Health and Social Care; 2019.
https://www.gov.uk/government/publications/learning-support-fund-3rd-edition
[The Learning Support Fund gives information about allowances for eligible students beginning pre-registration healthcare programmes on or after 1 August 2019. Allowances include: child dependants' allowance; exceptional support fund; travel and dual accommodation expenses.]

Principal social workers in adult services: roles and responsibilities
Department of Health and Social Care; 2019.
https://www.gov.uk/government/publications/principal-social-workers-in-adult-services-roles-and-responsibilities
[This guidance helps support employers when recruiting to the role of adult PSW and clarifies what social workers and other practitioners can expect from the PSW in their organisation.]

Return to Practice Programme: evaluation of the Allied Health Professionals and Health Care Scientists Return to Practice Programme.
Government Equalities Office; 2019.
https://www.gov.uk/government/publications/return-to-practice-evaluation-report
[The Government Equalities Office funded the Return to Practice programme to support allied health professionals and health care scientists who want to return to work.]

Patient Experience

Reports

Building trust and confidence: What our audiences say about the key to better, safer care.
Nursing and Midwifery Council (NMC); 2019.
https://www.nmc.org.uk/news/news-and-updates/building-trust-and-confidence/
[The NMC has published the findings of research that asks people and professionals how regulation can better meet their expectations. The public trust nurses and midwives above all other professionals – but fear the pressures of the health and social care system can hold them back.]

Using online patient feedback to improve care.
Point of Care Foundation; 2019.
https://www.pointofcarefoundation.org.uk/resource/using-online-patient-feedback/
[This guide aims to support clinical, patient experience and quality teams to understand how to use online patient feedback to improve quality in health care.]

Service Design and Commissioning

Guidelines

Designing integrated care systems (ICSs) in England.
NHS England;2019.
https://www.england.nhs.uk/publication/designing-integrated-care-systems-icss-in-england/
[This guide sets out the different levels of management that make up an integrated care system, describing their core functions, the rationale behind them and how they will work together.]

Social prescribing link workers: Reference guide for primary care networks.
NHS England;2019.
https://www.england.nhs.uk/publication/social-prescribing-link-workers/
[This guide is provided as additional information to help primary care networks (PCNs) introduce the new role of social prescribing link worker into their multi-disciplinary teams as part of the expansion to the primary care workforce introduced under the GP contract reforms.]

UpToDate® Anywhere – mobile access for BSUH NHS Trust staff.

The new remote and mobile access gives you evidence-based guidance when and where you need it.

Reports

What should be done to fix the crisis in social care? Five priorities for government
The Health Foundation; 2019.
https://www.health.org.uk/news-and-comment/blogs/what-should-be-done-to-fix-the-crisis-in-social-care
[this article outlines five messages for government about priorities and options for social care reform in England, based on our assessment of the evidence and analysis of the costs of reform. In considering these options, we focus primarily on changes to the funding system.]

Better Care Fund planning requirements for 2019 to 2020
Department of Health and Social Care; 2019.
https://www.gov.uk/government/publications/better-care-fund-planning-requirements-for-2019-to-2020
[The Better Care Fund (BCF) provides financial support for councils and NHS organisations to jointly plan and deliver local services. This document sets out the BCF planning requirements, which support the core NHS operational planning and contracting guidance for 2019 to 2020.]

Breaking down the barriers to co-production.
Social Care Institute for Excellence (SCIE); 2019.
https://www.scie.org.uk/co-production/supporting/breaking-down-barriers
[This report from SCIE's third annual co-production week in 2018 presents an outline of what is holding back co-production and identifies some possible solutions to break down these barriers and promote future progress.]

Care hours per patient day (CHPPD): guidance for all inpatient trusts.
NHS Improvement; 2019.
https://improvement.nhs.uk/resources/care-hours-patient-day-guides/
[Updated guide covers all in patient care settings across acute, community and mental health and help trusts to more productively deploy nursing associates and AHPs who are increasingly becoming part of the inpatient establishment and rostered as part of the team delivering patient care.]

Change or collapse: Lessons from the drive to reform health and social care in Northern Ireland.
Nuffield Trust; 2017.
https://www.nuffieldtrust.org.uk/research/change-or-collapse-lessons-from-the-drive-to-reform-health-and-social-care-in-northern-ireland
[Three years after Rafael Bengoa's blueprint for improving the Northern Irish health service, this report uses interviews with health service leaders in Northern Ireland as well as outside experts and clinicians to assess which factors are helping or hindering Northern Ireland's efforts to change its health and social care system.]

Emergency admissions to hospital from care homes: how often and what for?
The Health Foundation; 2019.
https://www.health.org.uk/publications/reports/emergency-admissions-to-hospital-from-care-homes
[Reducing emergency admissions from care homes has the potential to reduce pressure on hospitals. The second element of the briefing highlights learnings from focused evaluations by the Improvement Analytics Unit]

Primary Care Networks: a quiet revolution.
NHS Confederation; 2019.
https://www.nhsconfed.org/resources/2019/07/primary-care-networks-a-quiet-revolution
[While there is recognition in NHS England/Improvement that PCNs are not the answer to everything, and can't be given too much to do too quickly, it is clear that they are now expected to be the principal mechanism to achieve changes in how neighbourhood-level health and care will be delivered across the country.]

Reducing length of stay: Case studies.
NHS England; 2019.
https://www.england.nhs.uk/publication/reducing-length-of-stay-case-studies/
[These reducing length of stay (RLoS) case studies provide practical insights in to how NHS organisations have applied the reducing length of stay key principles, the impact this has had and how patients have benefited.]

Shaping Health Futures: Preparing for tomorrow's possibilities today.
The Health Foundation; 2019.
https://www.health.org.uk/publications/reports/shaping-health-futures
[The report is an initial exploration of some of the approaches used to plan and prepare for the future, drawing on examples from other countries and sectors, as well as in the UK government.]

Social enterprises: part of the NHS family – an explanatory guide for the wider NHS.
NHS Confederation; 2019.
https://www.nhsconfed.org/resources/2019/07/social-enterprises--part-of-the-nhs-family-an-explanatory-guide-for-the-wider-nhs
[Our guide, produced with Social Enterprise UK, will help you get to grips with social enterprises and the role they play in delivering better health and social care outcomes for the communities they serve.]

Strengthening health systems through nursing: Evidence from 14 European countries.
World Health Organization Regional Office for Europe; 2019.
http://www.euro.who.int/en/publications/abstracts/strengthening-health-systems-through-nursing-evidence-from-14-european-countries-2019
[The work of nurses has always had a critical impact on patient outcomes. As health systems shift radically in response to rising demand, the role of nurses becomes even more important. This book is part of a two-volume study on the contributions that nurses make to strengthening health systems.]

Why a "risk pool" must underpin a social care system.
Nuffield Trust; 2019.
https://www.nuffieldtrust.org.uk/resource/why-a-risk-pool-must-underpin-a-social-care-system
[Several proposals have been put forward that suggest social care should be funded via individual insurance or savings products. In this one page briefing the Nuffield Trust think relying on individual funding options is unlikely to provide a viable basis for the system.]

Measuring Outcomes and Performance

Reports

King's Fund Quarterly Monitoring Report: How is the NHS performing? July 2019
The King's Fund; 2019.
https://www.kingsfund.org.uk/publications/how-nhs-performing-july-2019
[This edition of the QMR is structured in three sections, focusing on: the current reality local leaders are facing as 2018/19 outturn numbers emerge; their views on what the rest of 2019/20 might bring; and a look into the medium term of what health and care services can expect over the next five years.]

NHS England: assessment of performance 2017 to 2019
Department of Health and Social Care; 2019.
https://www.gov.uk/government/publications/nhs-england-assessment-of-performance-2017-to-2019
[This paper sets out the Secretary of State for Health and Social Care's annual assessment of the National Health Service Commissioning Board's performance, covering the multi-year mandate for the financial years 2017 to 2018 and 2018 to 2019.]

Conducting Research

Events

NIHR research programmes workshop.
[This half day NIHR workshop will be open to all health & social care researchers (in the NHS, HEIs, public health or social care organisations) across Kent, Sussex and Surrey, who are interested in applying for NIHR research programme funding. To register interest please email Anya Lux.]
University of Brighton, All day event on: 2nd October, 2019
https://www.rds-se.nihr.ac.uk/event/nihr-research-programmes-workshop/
For more information, please contact A.Lux@Brighton.ac.uk

What can the NIHR do for you: A funder for social science, management science and beyond.
[This event is for researchers from Brighton and Sussex Medical School, University of Sussex, University of Brighton, Kent & Medway Medical School & partner organisations.]
University of Sussex, Date: 11th September, 2019, 2:00pm- 7:00pm
https://www.rds-se.nihr.ac.uk/event/what-can-the-nihr-do-for-you-a-funder-for-social-science-management-science-beyond/
For more information, please contact A.Lux@brighton.ac.uk

Finding quality health information

Attend this workshop if you need to search the primary literature for your research project dissertation, or you are required to do any form of literature review, including systematic reviews. Book via the library website: www.bsuh.nhs.uk/library/information-skills/finding-quality-health-information/

The Library, Audrey Emerton Building	Monday 23 September 2019	3:00pm - 5:00pm
	Monday 7 October 2019	2:00pm - 4:00pm
The Library, Princess Royal Hospital	Wednesday 25 September 2019	10:00am - 12:00pm
	Thursday 3 October 2019	10:00am - 12:00pm

Public Health

Reports

A-Z of the root causes of ill health: aka the "wider determinants".
Exposure; 2019.
https://publichealthengland.exposure.co/az-of-the-root-causes-of-ill-health
[For most people the key ingredients for a healthy life are a good home, a good education, a decent job, friendships and networks to feel part of. These are often referred to as "social" or "wider" determinants of health. Read this A-Z for more information about the root causes of ill health and the things that make us healthy.]

Advancing our health: prevention in the 2020s.
Department of Health and Social Care; 2019.
https://www.gov.uk/government/consultations/advancing-our-health-prevention-in-the-2020s
[Open consultation. We want your views on proposals to help people live healthier, happier lives for longer. This consultation closes at 11:59pm on 14 October 2019.]

Building healthier communities: the role of the NHS as an anchor institution.
The Health Foundation; 2019.
https://www.health.org.uk/publications/reports/building-healthier-communities-role-of-nhs-as-anchor-institution
[First developed in the US, the term anchor institutions refers to large, typically non-profit organisations like hospitals, local councils, and universities whose long-term sustainability is tied to the wellbeing of the populations they serve.]

By deeds and their results: strengthening our communities and nation.
Ministry of Housing, Communities and Local Government; 2019.
www.gov.uk/government/publications/by-deeds-and-their-results-strengthening-our-communities-and-nation
[Sets out MHCLG's vision for stronger communities, why communities matter, what strong communities look like, and what government and partners can do to support their creation.]

Health, care and the 100-year life: How policymakers can ensure health and fairness for all in an era of extreme longevity.
The Social Market Foundation; 2019.
http://www.smf.co.uk/publications/health-care-100-year-life/
[A child born today has a one in three chance of living to 100. This is the first in a series of reports focusing on how the 100-year life may affect Britain's society, economy and public services. This report focuses on health, care and medicine.]

Active travel: increasing levels of walking and cycling in England.
House of Commons Transport Committee; 2019.
https://publications.parliament.uk/pa/cm201719/cmselect/cmtrans/1487/148702.htm
[This report states that increased levels of walking and cycling can help combat the economic, human and environmental costs of inactivity, climate change, air pollution and traffic congestion.]